



## 2013 RAC AquaHawgs Last Chance Meet

- Host:** Razorback Aquatic Club Aquahawgs
- Dates:** July 20, 2013
- Sanction:** Held under USA Swimming through Arkansas Swimming, Inc.  
Sanction Number 13AR0720
- Location:** Springdale Aquatic Center  
1100 Watson Ave.  
Springdale, AR 72764
- Facility:** Eight lane, 50 meter outdoor course with non-turbulent lane lines. Six lanes will be used for competition with a warm-up/warm-down lane available during the meet and an empty buffer lane separating the competition lanes from the warm-up/warm-down lane.. The competition course has not been certified in accordance with Section 104.2.2C(4). Colorado Electronic Timing System with touch pads and horn start. The minimum water depth, measured in accordance with Article 202.3.4D, is 13' 0" at the start end and 4' 0" at the turn end.
- Meet Type:** Age group and Senior meet. All events are timed finals.
- Starting Times:** Warm-ups for the meet will begin at 7:00 a.m., with the meet starting at 8:00 a.m.
- Rules:** 2013 USA Swimming and Arkansas Swimming rules will govern the meet. ASI safety guidelines and warm-up procedures will be in effect.
- Attending Coaches:** Only coaches registered with USA Swimming will be allowed to participate in any coaching capacity. Under ASI rules, each team must provide a copy of each attending coach's USA Swimming membership card. Attending coaches should be prepared to show proof of USA Swimming registration and valid certification in CPR, First Aid, and Safety Training for Swim Coaches.
- Eligibility:** All swimmers must be registered as 2013 athlete members of USA Swimming. No entries will be accepted without current USA Swimming registration number. Swimmers who enter as pending or applied for must send their Athlete Registration and payment with the team entries. On deck registration will not be permitted. If you have already sent the registration and fee to ASI, please send a copy of the registration form. The age of each swimmer as of July 20, 2013 determines age group classification for the entire meet.

**Entries:** Entries will be accepted in the order received. Entries will be limited to the first 250 swimmers based on the date entries are received. No teams will be split. Please submit entries via Hy-Tek entry file either by e-mail or on a diskette, accompanied by Hy-Tek entry summary sheets.

**Entry Limit:** All swimmers may swim a maximum of five (5) individual events.

**Entry Fees:** \$2.50 per individual event. \$3.00 ASI surcharge per swimmer.  
\$10.00 Springdale Aquatic Center facility fee per swimmer.

Make checks payable to **RAC Aquahawgs**. Mail entries to:

RAC Aquahawgs  
c/o Scott Berry  
2847 Lemontree Circle  
Springdale, AR 72762  
aquahawgcoachscott@gmail.com

**Entry**

**Deadline:** Entries must be received by Wednesday, July 10, 2013.

**Seeding:** All events will be pre-seeded.

**Deck Entries:** Deck entries will be accepted where space is available. Deck entry fees will be \$5.00 per individual event. A swimmer who is not previously entered in the meet must also pay the \$3.00 ASI surcharge and \$10.00 SAC facility fee and show proof of USA Swimming membership. Deck entries must be received a minimum of 30 minutes prior to the start of the meet. Swimmers who have deck entered an event will be placed in open lanes in existing heats in the order they are received. Events will not be re-seeded and new heats will not be created to accommodate deck entries. Swimmers who scratch one event and enter another event to replace it will be charged deck entry fees.

**Scratches:** ASI pre-seeded timed finals scratch rules will be in effect. Swimmers who do not report for an event will not be penalized. Entry fees will not be refunded for scratches or no-shows.

**Warm-Up:** All ASI warm-up rules will be followed. Any swimmer who does not enter the pool feet first during any portion of a warm-up/warm-down period which requires feet first entry shall receive a warning for the first offense rather than a disqualification. Disqualifications are automatic for subsequent violations. In the session in which the penalty is enforced, the swimmer cannot deck enter an event to replace the event from which they were removed. These warm-up rules also apply to the warm-up/warm-down area that will be available during each session. Swimmers may dive into the pool during a designated sprint warm-up. Swimmers without a coach at the meet must check in with the Meet Referee and will be assigned to a coach during the warm up portion of the meet.

**Officials:** Meet Referee: Christopher Mooney

**Awards:** There will be no awards at this meet.

**Scoring:** This meet will not be scored.

**Heat Sheets:** Heat sheets will be available for purchase.

**Results:** Final results will be posted on the Arkansas Swimming Website.

**Concession:** There will be no concession stand at this meet.

**Additional Rules:**

Use of audio or video recording devices, including cell phone type devices with such capability is prohibited in all dressing rooms, locker rooms, bathrooms or any other location where swimmers may be dressing. Any person found possessing such devices in these areas will immediately be removed from the meet with all fees forfeited, and subject to further LSC or USA Swimming sanctions and penalties.

Smoking and use of other tobacco products are prohibited on the deck, in the locker rooms, and throughout the Springdale Aquatic Center facility.

Swimmers must use the locker rooms to change. On deck changing is not allowed.

This meet will have a “peanut-free” deck. Please do not bring food items containing peanuts on the pool deck.

Every swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

**2013 Last Chance Developmental Meet  
Order of Events**

| Event Number | Event                      | Event Number |
|--------------|----------------------------|--------------|
| 1            | 12 & Under 50 Freestyle    | 2            |
| 3            | 13 & Over 50 Freestyle     | 4            |
| 5            | 12 & Under 200 IM          | 6            |
| 7            | 13 & Over 200 IM           | 8            |
| 9            | 12 & Under 50 Backstroke   | 10           |
| 11           | Open 100 Backstroke        | 12           |
| 13           | 12 & Under 100 Freestyle   | 14           |
| 15           | 13 & Over 100 Freestyle    | 16           |
| 17           | 12 & Under 50 Butterfly    | 18           |
| 19           | Open 100 Butterfly         | 20           |
| 21           | 12 & Under 200 Freestyle   | 22           |
| 23           | 13 & Over 200 Freestyle    | 24           |
| 25           | 12 & Under 50 Breaststroke | 26           |
| 27           | Open 100 Breaststroke      | 28           |
| 29           | 11 & Over 400 IM           | 30           |
| 31           | Open 400 Freestyle         | 32           |
| 33           | 11 & Over 200 Backstroke   | 34           |
| 35           | 11 & Over 200 Butterfly    | 36           |
| 37           | 11 & Over 200 Breaststroke | 38           |

RAC AquaHawgs Last Chance Developmental Meet  
July 20, 2013  
Meet Summary Sheet

Team Name: \_\_\_\_\_

Team Abbreviation: \_\_\_\_\_ LSC Code: \_\_\_\_\_

Attending Coaches: \_\_\_\_\_  
\_\_\_\_\_

Entry Information:

Number of individual entries \_\_\_\_\_ @ \$2.50 = \_\_\_\_\_

Number of swimmers (ASI surcharge) \_\_\_\_\_ @ \$3.00 = \_\_\_\_\_

Number of swimmers (facility fee) \_\_\_\_\_ @ \$10.00 = \_\_\_\_\_

TOTAL \_\_\_\_\_

Team Address:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone: (     ) \_\_\_\_\_

E-mail: \_\_\_\_\_

In consideration of the acceptance of this entry, we hereby waive and relieve any and all claims against USA Swimming, ASI, the host club, and officials.

Signature of coach or club representative: \_\_\_\_\_

Please send entries to: RAC AquaHawgs  
2847 Lemontree Circle  
Springdale, AR 72762  
(316) 217-2661  
[aquahawgcoachscott@gmail.com](mailto:aquahawgcoachscott@gmail.com)